



REGION 10 – LEEDS/WAKEFIELD, WEST YORKSHIRE

CLASS TIMETABLE

MONDAY	WEDNESDAY	WEDNESDAY <i>(continued)</i>	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MIDDLETON St John & Barnabas Church, Belle Isle Rd, LS10 3DN	BURMANTOFTS Methodist Church, Upper Acc Rd, LS9 8JP	CROSSGATES Methodist Church, Austhorpe Road, LS15 8QR	CASTLEFORD Castleford Academy, Ferrybridge Rd, WF10 4JQ	LOFTHOUSE Methodist Church, Leeds Road, WF3 3NE	CASTLEFORD Castleford Academy, Ferrybridge Rd, WF10 4JQ	ROTHWELL Rothwell Leisure Centre, Wakefield Rd, LS26 8EL
7.00-8.00pm Karate Fundamentals (all ages welcome)	6.30-7.30pm Karate Fundamentals (all ages welcome)	6.30-7.30pm Karate Fundamentals (all ages welcome)	6.00-7.00pm Karate Fundamentals (all ages welcome)	7.00-8.00pm Karate Fundamentals (all ages welcome)	10.00-11.00am (all ages welcome)	10.00-11.00am (all ages welcome)
8.00-9.00pm Kata & Kumite (all ages welcome)	7.30-8.30pm Kata & Kumite (all ages welcome)	7.30-8.30pm Kata & Kumite (all ages welcome)	7.15-8.30pm Senior Class (invitation only)	8.00-9.00pm Kata & Kumite (all ages welcome)	11.00-12.00am (all ages welcome)	11.00-12.00pm (all ages welcome)
	SWILLINGTON Swillington Village Hall, Church Lane, LS26 8DX			ACKWORTH Ackworth Parish Hall, Bell Lane, WF7 7JH		HOWDEN CLOUGH Batley Sports Centre, Windmill Lane, WF17 0QD
	6.30-7.30pm (all ages welcome)			6.00-7.00pm (all ages welcome)		12.00-2.00pm Advanced Class

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