



REGION 30 – NOTTINGHAM WEST

CLASS TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	WEDNESDAY <i>(continued)</i>	FRIDAY	SATURDAY	SUNDAY
	BILBOROUGH Brocklehigh Sports Ctr, Nottingham, NG8 3AJ	STRELLEY Sheila Russell Centre, Nottingham, NG8 3AR	BEESTON Roundhill School, Nottingham, NG9 1AE	STRELLEY Sheila Russell Centre, Nottingham, NG8 3AR		BILBOROUGH Brocklehigh Sports Ctr, Nottingham, NG8 3AJ
	↓ 5-5.45pm Under 13's Only (all grades)	↓ 6-6.45pm Under 13's Only (all grades)	↓ 6.30-7.15pm Under 13's Only (all grades)	↓ 6-6.45pm Under 13's Only (all grades)		↓ 10-11am Yellow & Orange belt Gradings (1 st Sunday of each month)
	6-7pm Under 13's Only (green belt +)	7-8pm Under 13's Only (green belt +)	7.30-8.30pm Under 13's Only (green belt +)	7-8pm Under 13's Only (green belt +)		11-1pm Green belt + Gradings (1 st Sunday of each month)
	6-7pm 13 Yrs + (all grades)	7-8pm 13 Yrs + (all grades)	7.30-8.30pm 13 Yrs + (all grades)	7-8pm 13 Yrs + (all grades)		10-1pm Tournament Training (3 rd Sunday of each month)
	7.30-9pm Senior Class (invitation only)			8-9pm 13 Yrs + (all grades)		

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