

REGION 18 – SOUTH LONDON

CLASS TIMETABLE

MONDAY

BLACKFEN 6-7pm & 7.30-8.30pm Holy Redeemer Comm Centre,

64 Days Lane, DA15 8JR

STONELEIGH 6-70m & **7-80m**

Nonsuch School, Chadacre Rd, KT17 2HQ

CLASSES IN RED ARE FOR

GREEN BELTS AND ABOVE

OTHERS MAY TRAIN AT THE

INSTRUCTORS DESCRETION

TUESDAY

CHARLTON 6.30-8pm Meridian Sports Club, Carlton Park Lane, SE7 8QS

> **PUTNEY** 7.30-9pm

Ashcroft Tech Academy, 100 West Hill, SW15 2UT

INSTRUCTOR CLASS

WEDNESDAY

CHEAM

6-7pm & 7.15-8.30pm Cheam Sports Club, Peaches Close, SM2 7BJ

SHIRLEY PARK

6.15-7.15pm & 7.15-8.15pm

The Centre, 30 Bingham Road, CRO 7EB

CATFORD

5.30-6.30pm & 6.45-7.45pm Hither Green Church, 53 Torridon Road, SE6 1RQ

> **POLLARDS HILL** 5-6pm

New Horizon Centre, S Lodge Avenue, CR4 1LT

THURSDAY

PUTNEY 6.30-7.30pm

Ashcroft Tech Academy, 100 West Hill, SW15 2UT

STANFLEIGH

6.15-7.15pm & 7.30-9pm

Nonsuch School, Chadacre Rd, KT17 2HQ

> BLACKFEN 7.30-9nm

Holy Redeemer Comm Centre, 64 Days Lane, DA15 8JR

INSTRUCTOR CLASS

FRIDAY SATURDAY

TOOTING

6.30-7.30pm & **7.30-8.30**pm All Saints Church, Brudenell Road, SW17 8DQ

> *EPSOM* 6-70m

Wallace Fields Junior School. Dorling Drive, KT17 3BH

Street, SE5 9DF **CATFORD**

MITCHAM

10-11am & 11-12nm

Harris Academy Mitcham,

Wide Way, CR4 1BP

CAMBERWELL

10-11am & 11-12mm

Flaxman Sports Centre, Carew

10.30-11.30am & 11.45-12.45pm

Hither Green Church, 53 Torridon Road, SE6 1RQ

> MOTTINGHAM 10.30-11.30am

St Andrew's Church, 33 Court Road, SE9 4TQ

> SUTTON 10.30-11.30am

Harris Academy Sutton, 2 Chiltern Road, SM2 5QP

BATTERSEA

10-11am

Caius House, 2 Holman Road, SW11 3RL

10.30-11.30am

EPSOM

SIINDAY

Wallace Fields Junior School, Dorling Drive, KT17 3BH

> **PUTNEY** *10.30-11.30am*

Ashcroft Tech Academy, 100 West Hill, SW15 2UT

> TOOTING 11-12pm

Tooting Leisure Centre, Greaves place, SW17 ONE

www.facebook.com/GKRKarateRegion18UnitedKingdom

WWW.GKRKARATE.COM

PH:07707 802 702

