

## 2/12 SPALL STREET CARRARA – 12/08/24 CLASS TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4.00 – 4.40pm Yoji (3-4 yrs)	4.00 - 4.45pm 5-12 yrs	4.00 – 4.40pm Yoji (3-4 yrs)	4.00 – 4.40pm Yoji (3-4 yrs)		9.00 – 9.40am Yoji (3-4 yrs)	
5.00 - 5.45pm Kumite Yellow Belt & Above	5.00 - 5.45pm Family Class	5.00 - 5.45pm Family Class	5.00 - 5.45pm Kata & Kumite	<b>5.00 - 5.45pm</b> White, Yellow, Orange Belts	10.00 - 11.00am Family Class	
6.00 - 7.00pm Family Class	6.00 - 7.00pm Family Class	6.00 - 7.00pm Family Class	6.00 - 7.00pm Family Class	6.00 – 7.00pm Family Class	Kata 11.15 - 12.00pm White & Yellow Belts	
7.15 - 8.15pm Blue Belt & Above	7.30 - 9.00pm Instructor	7.15 - 8.15pm Brown & Black Belts	7.30 - 9.00pm Instructor	7.15 - 8.00pm Karate & Fitness Training to Music Family Class	Kata 12.15 – 1.15pm Orange Belt & Above	

www.facebook.com/GKRKarateRegion25Australia

<u>WWW.GKRKARATE.COM</u>

## PH: 0421 428 321 – Sensei Mark McConnell

