



## Additional Resources for Specialist Support Services in Australia

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### **1800RESPECT:**

National Sexual Assault, Domestic Family Violence Counselling Service. Available 24/7.

Phone: 1800 737 732

<https://www.1800respect.org.au>

### **Lifeline Australia:**

24/7 crisis support and suicide prevention services.

Phone: 13 11 14

<https://www.lifeline.org.au>

### **Relationships Australia:**

Counselling, support, and advice for relationships.

Phone: 1300 364 277

<https://www.relationships.org.au>

### **Kids Helpline:**

24/7 support for children and young people aged 5 to 25.

Phone: 1800 55 1800

<https://www.kidshelpline.com.au>

### **Australian National Child Abuse Helpline (Child Wise):**

Phone: 1800 99 10 99

<https://www.childwise.org.au>

**National Indigenous Critical Response Service: Support for Aboriginal and Torres Strait Islander people.** Phone: 1800 805 801

<https://www.natsils.org.au/>

### **13 YARN:**

The first national crisis support line for mob who are feeling overwhelmed or having difficulty coping. Run by Aboriginal and Torres Strait Islander people

Phone: 13 92 76

### **Full Stop Australia:**

One of the country's leading sexual, domestic and family violence response and recovery services.

Phone: 1800 385 578

### **Mensline Australia:**

Professional 24/7 telephone counselling support for men

Phone: 1300 78 99 78

### **Men's Referral Service:**

For men dealing with family violence.

Phone: 1300 766 491

<https://ntv.org.au>

### **QLIFE:**

Providing anonymous and free LGBTIQ+ peer support and referral.

Phone: 1800 184 527