## Additional Resources for Specialist Support Services in the UK

Refuge 0808 2000 247

https://www.refuge.org.uk

National Domestic Abuse Helpline 0808 2000 247 https://www.nationaldahelpline.org.uk

> Childline 0800 1111 https://www.childline.org.uk

National Stalking Helpline Advice for victims 0808 802 0300

https://www.suzylamplugh.org/pages/category/national-stalking-helpline

Karma Nirvana
Working to end honour based abuse in the UK
0800 5999 247
https://karmanirvana.org.uk/

ManKind Initiative
Helping Men Escape Domestic Abuse
0808 800 1170
https://mankind.org.uk/

Respect – Men's advice line The Helpline for male victims of domestic abuse 0808 801 0327

https://www.respect.org.uk/pages/men-s-advice-line

Respect Phoneline Choose to stop: We provide help for domestic violence perpetrators 0808 802 4040

https://respectphoneline.org.uk/

Galop

National Helpline for LGBT+ Victims and Survivors of Abuse and Violence 0800 999 5428 https://galop.org.uk/get-help/

Hourglass
Confidential advice for older victims of violence or abuse
0808 808 8141
<a href="https://wearehourglass.org/">https://wearehourglass.org/</a>