



YOU'RE INVITED TO GKR KARATE'S 2025 OKINAWA TRIP **COMMENCES MONDAY 18TH AUGUST 2025**

GKR Karate has been organising trips to Karate's homeland every two years since 2001. Originally exclusive to our Senior Instructors, these visits later coincided with some of Japan's National Karate tournaments whereby our top competitors were also invited. Due to the success and popularity of these regular visits, GKR has been making the invitation open to all students since 2016.

Our last trip saw over 120 students take part in an unforgettable experience, with seminars taught by some of Okinawa's most respected Instructors. This year, we will once again have a broad range of Masters from traditional Okinawan styles to conduct our sessions, promising fresh insights and incredible learning opportunities.

Our three days of seminars will take place at the prestigious Okinawa Karate Kaikan, a facility dedicated solely to karate tuition. Along with specific GKR karate seminars, Kancho Sullivan has also invited numerous Okinawa karate masters to come and share their extensive knowledge with us.

WHY WE CONDUCT THESE TRIPS

Okinawa houses countless karate-related historical sites, memorials and the World's only Karate Museum. These trips offer students the opportunity to broaden their overall knowledge whilst immersing themselves in the culture and customs of karate's true birthplace.

Karate Training - Kaiken Dojo

- **Monday 18th August**
- **Tuesday 19th August**
- **Thursday 21st August**

Training from 9:00AM - 4:30 PM (with lunch in between). Further details on Instructors conducting each of our training sessions will be confirmed closer to the event.

Day Trips / Free Time

- **Wednesday 20th August**
- **Friday 22nd August**

No Training is scheduled on Wednesday or Friday. You can join us for an exciting pre-planned day trip or enjoy some personal free time exploring the Island.

Accommodation

GKR does not organise an official hotel, allowing students to choose a venue suited to their budget. Naha has a huge array of options from 2 star hostels up to 5 star hotels.

There are accommodation options close to the training venue but most people look to stay close to Kokusai Dori, the main tourist street for restaurants and shopping.





MAINLAND JAPAN

Most flights to Okinawa fly through mainland Japan. This means you can organise a FREE stopover in mainland Japan either en route to or from Naha airport in Okinawa. This allows you to experience both Japan and Okinawa (which are vastly different) at no extra cost.

For those who love Japan's history, culture, and enormous temples, set your sights on Kyoto, Himeji and Nara to get lost in time. However, if you love the juxtaposition of a traditional culture merging with a vibrant, high-tech city, Tokyo is going to meet all your needs.

EXTRA TRAINING

These trips currently have three 'official' training days (18 hours of training), however there are ample opportunities to do extra training if you wish. You can contact the Okinawa Karate Information Centre by email (OKIC.okinawa) to arrange these classes prior to landing. Alternatively, you can also organize them while you are there.

STAY UP TO DATE

JOIN OUR ONLINE COMMUNITY

Follow our event *page* on facebook to stay up to date on all the details of our trip as they unfold:

GKR Karate Okinawa Experience

You can also get helpful tips on accommodation and services in Okinawa from other GKR members that have made the journey before. Join our *group* to become part of the community:

GKR Okinawa Experience 2025

RSVP

Please RSVP by Sunday 27th July if you will be attending our Okinawa Experience Week either as a spectator/parent or as a student. This will help us to better arrange social events and also provide the local masters with an indication of class sizes. RSVP email address is okinawa25@gkrkarate.com

As we get closer to the date, we will send you further correspondence via email as well as posting updates on the Facebook page.

COMMEMORATIVE ITEMS

AVAILABLE SOON

We have prepared a wide selection of special commemorative items that will be available soon...

- Okinawa Experience T-shirt
- Okinawa Experience Singlet
- Okinawa Experience sunglasses (Bamboo)
- Okinawa Experience sunglasses (Black)

