



REGION 19 – LONDON

CLASS TIMETABLE

MONDAY	MONDAY <i>(continued)</i>	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
STANWELL 6-7pm & 7.15-8.30pm Stanwell Village Hall, TW19 7RJ	WEYBRIDGE 5.30-6.30 & 6.45-7.45pm St Charles Borromeo School, KT13 8JD	STANWELL 5-6pm & 6.15-7.15pm Stanwell Village Hall, TW19 7RJ	FELTHAM 6-7pm & 7.15-8.30pm* Spring West Academy, TW13 7EF	STANWELL 5-6pm & 6.15-7.15pm & 7.30-8.30pm* Stanwell Village Hall, TW19 7RJ	FELTHAM 10-11am & 11-12pm* Spring West Academy, TW13 7EF	FELTHAM 10-11.30am Spring West Academy, TW13 7EF
FELTHAM 6-7pm & 7-8pm Spring West Academy, TW13 7EF	HOUNSLOW 6.30-7.30pm Lampton School, TW3 4EP	ADDLESTONE 5-6pm & 6-7pm Addlestone Comm Centre, Garfield Rd, KT15 2NJ	CHERTSEY 6.15-7.45pm St Anne's Catholic School, Free Prea Rd, KT16 8ET	HERSHAM 6.45-8.15pm All Saints Church, KT12 7EF	HOUNSLOW 10.30-11.30am Lampton School, TW3 4EP	CHERTSEY 10-11am St Anne's Catholic School, Free Prea Rd, KT16 8ET
EGHAM 6-7pm & 7.15-8.30pm The Hythe Centre, Thorpe Road, TW18 3HD	NORTHOLT 6.30-7.30pm The Yeading Community Centre, UB4 9BH	ISLEWORTH 7-8pm Rowe Community Centre, TW7 6HY	BRENTFORD 7.30-8.30pm Brentford School for Girls, Boston Manor Rd, TW8 0PF	WEST DRAYTON 5-6pm & 6.30-7.30pm Yiewsley & West Drayton Comm Centre, UB7 9JL	NORTHOLT 10-11am The Yeading Community Centre, UB4 9BH	NORTHOLT 10-11am & 11-12pm* The Yeading Community Centre, UB4 9BH
ADDLESTONE 6.15-7.15pm Addlestone Comm Centre, Garfield Rd, KT15 2NJ		NORTHOLT 6.15-7.45pm The Yeading Community Centre, UB4 9BH	HOUNSLOW 6.30-7.30pm Lampton School, TW3 4EP	SOUTHALL 6-7pm Featherstone Sports Centre, UB4 5HF		
HARROW 6.30-7.30pm & 7.30-8.30pm* 17 th Harrow Scouts Hut, HA1 3BE						

*Classes in DARK RED are for green belts and above. Other's may train at the instructor's discretion only

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