



**REGION 19 ASHFORD FULL TIME DOJO**

# **CLASS TIMETABLE**

GKR Karate, Enterprise House,  
Ashford Road, TW15 1XG

<b>DAY</b>	<b>SESSION</b>			
<b>MONDAY</b>	Yoji's (3/4 yrs) 4.00 - 4.45pm	5.00 - 6.00pm	6.15 - 7.15pm	
<b>TUESDAY</b>				
<b>WEDNESDAY</b>	Yoji's (3/4 yrs) 4.00 - 4.45pm	5.00 - 6.00pm	6.15 - 7.15pm	Advanced Green belt & Above (12+yrs) 7.30 - 9.00pm
<b>THURSDAY</b>		5.00 - 6.00pm	6.15 - 7.15pm	Self Defence & Bag Work (12+ yrs) All grades 7.30 - 9.00pm
<b>FRIDAY</b>		5.00 - 6.00pm	6.15 - 7.15pm	
<b>SATURDAY</b>	Yoji's (3/4 yrs) 10.15 - 11.00am	10.15-11.15am	11.30am-12.30pm	
<b>SUNDAY</b>		10.00-11.00am	11.15am-12.15pm	



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